THE AFRICANE LANE MAGAZINE

100 MOST INFLUENTIAL AFRICANS

TONY ELUMELU

tips to building a successful business and what it takes to succeed in Africa.

Exclusive!

THE LIFE AND LEGACY OF KOMLA DUMOR 'THE BOSS DI AVER'

20 grants and scholarships opportunities for Africans.

DOCUMENTARY

- CHESS IN THE SLUM.
- LEFTISM: WHO MADE USING THE LEFT HAND A TABOO?
- LESOTHO THE ROOF OF AFRICA.

20 Most seen and read African movies and books.

theafricanlane.com





Why The African Lane Magazine?

There's so much more to

tell about Africa than the usual stories about war, famine and disease"

Komla dumor

Welcome to Africa

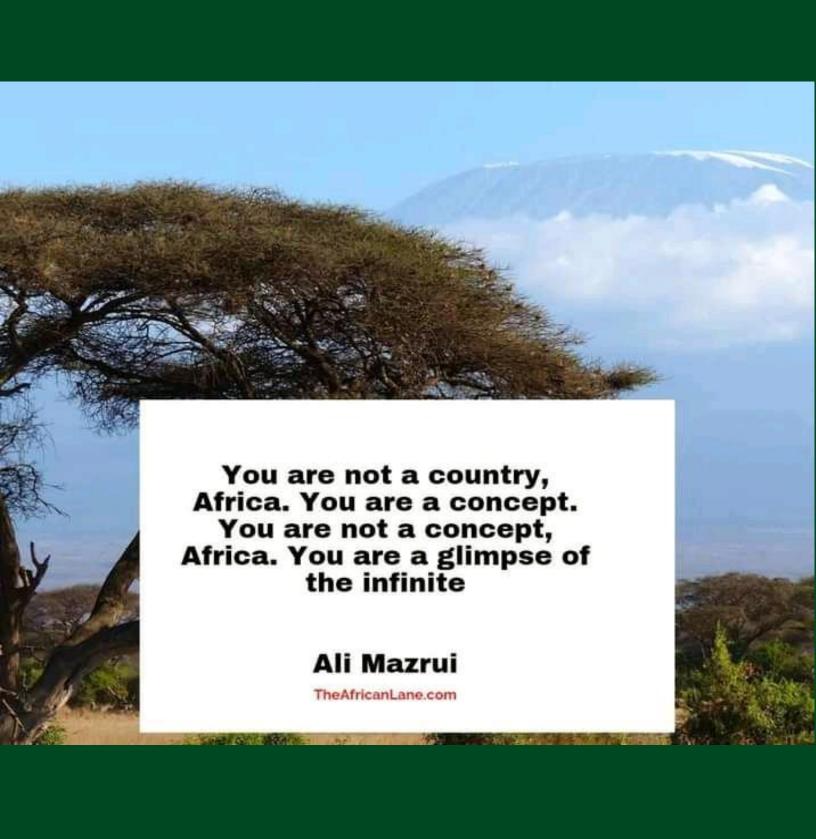
Enjoy the read!!

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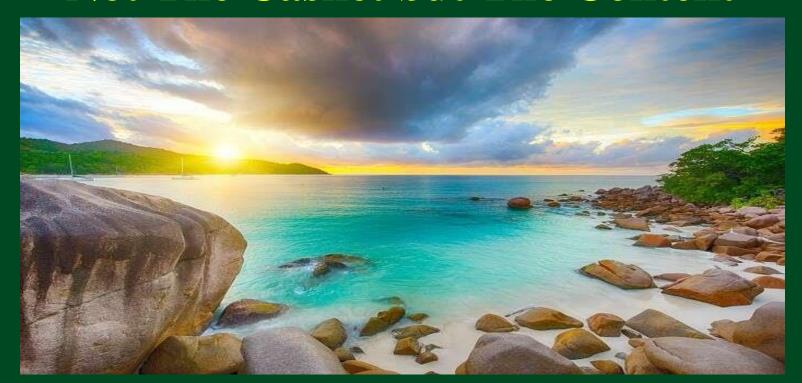
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Not The Casket but The Content



frica is the world's second largest and second most populous continent in the world with 54 countries. She covers 6% of Earth's total surface area and 20% of its land area. With 1.34 billion people, as of 2018, she accounts for about 16% of the world's human population.

Evidently blessed with human resources, Africa is also blessed with natural resources ranging from arable land, water, crude, it salt, sugar, cocoa, minerals, natural gases forest and wildlife. And the list goes on.

If Africa is to apply for a job, she will present the best curriculum vitae because of her resources and competency but even Africans don't know what they have and what they are. From the River Nile to the Mount Kilimanjaro her beauty can be seen. But for decades, non-Africans have been able to create a mental picture of Africa. This picture is so vivid that it's been passed down generations and in turn some Africans have chosen to view themselves in respect to this picture.

his picture is that of a crying, sad, emaciated, illiterate child living in a jungle surrounded by apes. It's funny yet sad how lowly Africa is being thought of. They tend to forget that civilization was birthed in Africa. Africa is actually a strong and great woman from which many creativity, knowledge and wealth has been birthed and has never been a sad child.

Although, throughout the years and even presently, Africa has been and is being exploited in so many ways. Africans are not ignorant of this fact but have chosen to place their trust in leaders who become rulers and pretend to serve the people while what is actually being served is their bank accounts. They play blind to the ongoing exploitation and silent whoever is brave enough to speak but Africans can never be silenced. You silent one, an army rises.

Gone are the days when you hide things in books because you don't want an African to read it. Africans are both readers and writers creating a niche for themselves and even insisting that their lexicons be added into the dictionary and used by the world. There is a conscious effort to ensure that young writers are promoted and encouraged. Likewise, Malala's are being bred; many who believe in education.

With the diamond, gold, silver, copper, iron, uranium, bauxite, cobalt, etc. scattered around Africa, she is meant to glow and shine as the beauty that she is; be a major exporter of natural resources but instead she is being stripped of her glory and wealth by importing rather than producing. It is said that Africans are consumers rather than producers; that statement is not far from the truth. The number of producers in Africa are very few compared to the availability of opportunities that can be explored but then there is a loophole in the amount of support (both monetary and otherwise)

given to even the few that opt to improve the economy by using the available resources to produce and that's why they migrate elsewhere where the conditions are more favorable.









Over the years, many like Nelson Anthony Enahoro, Mandela. Léopold Swear Senghor Ahmed Sékou Toure have said 'No!' to the constant exploitation, deprivation and slavery Africans. Lending out their voices to ensure that Africa holds her head high. Africa is free and should not be bound no longer. A number of people in Africa may be poor, hungry, thirsty and emaciated but the continent is rich and blessed. In every continent of the world, there are still people who are poor, hungry, thirsty and emaciated not just Africa. It's high time the stereotype ends. Africa is not a charity case and shouldn't be if only her economy is well managed and her good was sort for by all her children

and not just a few.

Africa is making breakthroughs in education, agriculture, security, politics, religion, innovations, inventions, etc. She is a beauty, both inside and outside, and so when referring to her it is crucial that she is spoken of by only those who truly know her. The knowledge of Africa should not be limited nor partial. She should not be judged by her cover nor by the casket (what can be seen) but of the content (what she entails) because Africa is more than what meets the eye. She is not just a future we await, Africa is now!

So, join me as We take you on a journey of Showcasing, promoting the beauty, strength and uniqueness of Africa and Africans.!! *Precious Lola*

Interesting Facts About Africa

- 1. Africa is the second-largest continent in the world both in size and population.
- 2. Islam is the dominant religion in Africa. Christianity is the second. Arabic is also the most widely-spoken language in Africa.
- 3. Africa has the shortest coastline despite being the second largest continent in the world.
- 4. Africa is the most centrally located continent in the world. Both the prime meridian (0 degrees' longitude), and the equator (0 degrees' latitude) cut across it.
- 5. Nigeria has the highest population (154.7 million people) in Africa. This represents 18% of Africa's total population.
- 6. Both the world's tallest and largest land animals both come from Africa. They are the giraffe and African elephant, respectively.
- 7. Around 2,000 different languages are spoken in Africa and each of them have different dialects while Arabic is the language that is most widely spoken in the African continent.
- 8. The world's longest river -- the Nile -- and the world's largest desert -- the Sahara -- both are home in Africa.
- 9. Algeria is the biggest country in Africa by land area.
- 10. The world's hottest place -- Ethiopia -- is in Africa.
- 11. The continents terrain was inhabitable and remained unknown for thousands of years, earning it the name of 'Dark Continent'.



- 12. The equator passes through the middle of the Dark Continent and it receives direct sunlight throughout the year.
- 13. The major animals in Africa include -- cheetah, African elephant, lion, zebra, Egyptian mongoose, giraffe, addax.
- 14. The largest waterfall in Africa is the Victoria Falls and it is located on the Zimbabwe and Zambia border. It has a height of 355 feet and the width of the water fall runs into almost a mile.
- 15. More than 50% of the world's French-speaking population lives here on the continent.
- 16. Angola has more Portuguese speakers than Portugal.
- 17. Africa has a pink lake in Senegal.
- 18. Africa is the hottest continent on earth

100 Most Influential Africans

According to NewafricanMagazine "The Africa we knew was rich in character and humour and talent and we could not recognize the Africa that was being portrayed by the big publications. We set out to tell the African story the Africa way and to celebrate our Africanness – and we still do that today. While attitudes are changing, there is still a long way to go."

The listing of the 100 Most Influential Africans has been playing a crucial role - as interest in the listing goes well beyond the continent's borders. It gives us a chance to celebrate achievements and find hidden gems of talent and effort in our great continent.

Discover the 100 Most Influential Africans of 2021 in our six categories: Leaders, Entrepreneurs, Changemakers, Opinion Shapers, Creatives and Sportspeople































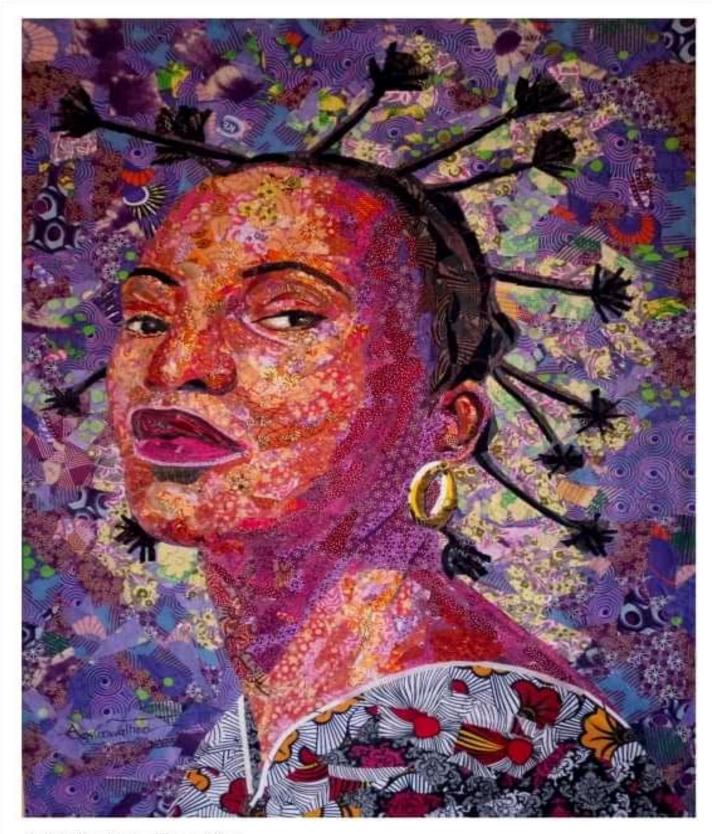






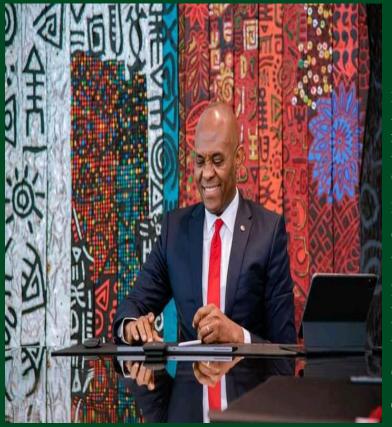






Artist: Agwunwa Theophilus Title: African beauty Size: 36 x 48 inches Year: 2020

Tony Elumelu's Advice to African Entrepreneurs and Five Tips for Building a Successful Business.



Anthony Onyemaechi Elumelu is an investor, entrepreneur and philanthropist from Delta State. Nigeria. He is the Founder Chairman of the family-owned investment company, Heirs Holdings, committed to improving lives transforming Africa. He is also the founder of the Tony Elumelu Foundation, which is tailored towards the empowering of African entrepreneurs.

Tony Elumelu, as he is popularly called, began his career as a Copier Salesman. He spent most of his career life in banking, rising from the position of an Analyst to become the CEO of the Pan-African Financial Services Group, United Bank for Africa.

In 2010, Tony left banking to the next chapter of his life as an investor and a philanthropist, channelling his passion, commitment, and dedication to realising the development of the African continent. His investments span a wide range of sectors and are spread across 20 African countries and beyond. He is married to Dr Awele Vivien Elumelu and they are blessed with seven lovely children.

A year after earning his Master's degree in Economics from the University of Lagos, Tony applied to join Allstates Trust Bank, despite not meeting the

qualification criteria. By a stroke of luck, the CEO of the bank came across his application letter, and he was handpicked to be interviewed. He subsequently got the job.

t 26, Tony was offered the opportunity of a lifetime to become a branch manager at AllStates Trust Bank, making him the youngest bank branch manager in the country at the time. This opportunity influenced his life, prompting him to give young employees the same opportunity he was given. His success in this role ignited his passion for investing in the lives of young people.

His accomplishments became public when he achieved the seemingly impossible. He was relatively unknown in the Nigerian banking industry when he acquired a distressed financial institution, Crystal Bank and became its CEO; an action that earned him and his circle of peers, the endearing nickname - "the cowboys of banking".

Audacious at 34 – and the country's youngest banking CEO – he renamed the then-struggling bank Standard Trust Bank (STB) and pursued an aggressive strategy that catapulted STB from obscurity into becoming Nigeria's fifthlargest bank within seven years.

In 2005, Tony made history again when he led the biggest merger in sub-Saharan Africa at the time combining Standard Trust Bank Plc with the older, more established United Bank for Africa (UBA), which at the time was Nigeria's 3rd largest financial services institution. In less than ten years, he transformed UBA from a single-country bank to a Pan-African institution with over

1million customers, operations in 20 African countries, and offices in Paris, London, and New York. This action sealed his reputation as a business turnaround expert and one of Africa's most influential business leaders.

In 2010, he left UBA to replicate his turnaround success across various industries. Armed with the knowledge, expertise, and understanding of economic opportunities that exist in Africa, he founded Heirs Holdings (HH) in 2010. Heirs Holdings is a family-owned African proprietary investment company committed to improving lives and transforming Africa, through investments long-term in strategic sectors of the African economy including financial hospitality, services. power, technology and energy, healthcare. Today, HH and its investee companies employ over 30,000 people, while empowering thousands more across Africa.



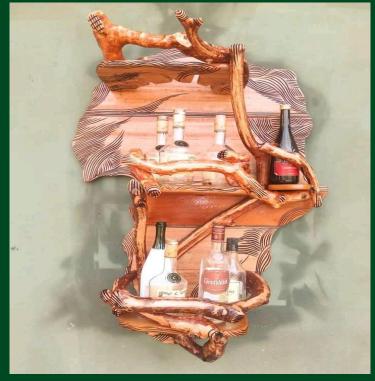
Tony also set up The Tony

Elumelu Foundation (TEF) in the same year as an extension of his unwavering belief in the youth as catalysts for Africa's transformation. The Tony Elumelu Foundation has become the hallmark for Africa's sustainable development and a leading champion of youth entrepreneurship on the continent. It lives its mission, empowering young African entrepreneurs, through its flagship Entrepreneurship Programme, a 10-year \$100 million commitment to identify, train, mentor and fund 10,000 young African entrepreneurs across 54 African countries. Since its inception, the Foundation has funded just under 10,000 entrepreneurs and created a digital ecosystem of over one million Africans.



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D-Ry Itima via

Email: Itimaelom@gmail.com. phone number: +2347039121801 or via social media @ D-ray Itima. His businesses and foundation are inspired by his economic philosophy of Africapitalism, which positions the private sector, and most importantly, entrepreneurs, as the catalyst for the social and economic development of the African continent. He galvanises support for the Foundation's mandate by addressing world leaders at public and private convenings, as well as serving on the sector and issue-specific global, regional, and local councils and committees. Some of the boards include the Global Advisory Council of the Harvard Kennedy School's Centre for Public Leadership, World Economic Forum Community of Chairmen and the Global Board of UNICEF's Generation Unlimited. He was named in the 2020 Times 100 Most Influential People in the World, and was honoured with Belgium's highest national honour recognised for his business leadership and economic empowerment of young Africans. Below is his advice to African entrepreneurs, and five tips for building a successful business.

Tony Elumelu's Advice to African Entrepreneurs

Tony Elumelu who was born in Africa, raised in Africa, studied in Africa, worked in Africa, and have achieved success in Africa, is a product of luck and hard work and these factors are inextricable if you want to succeed according to him.

In his personal note to African Entrepreneur on the 1st of January 2022, he said, "I want to share a little of my own story and what I call the #TOEWAY and the core values that guide me...". According to the note, these values have helped him personally and professionally, and are incredibly important for every young African entrepreneur to imbibe, learn, thrive, and grow from.

According to the note, the first is 'Execution'. Execution demands that we focus on results. It gives us a sense of urgency. A commitment to our objectives. We must be meticulous. There is a discipline of getting things done. There is a temptation to put

things off — we should shun excuses and needless explanations. Remain driven and committed to that goal. Committed to going that extra mile. Be known for your dependability, and be consistent in delivering results.



D-Ry Itima via

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phone number: +2347039121801 or via social media @ D-ray Itima.

he second is 'Excellence'. To achieve excellence, there must be a sense of professionalism across everything you do. You cannot be guided by short term or emotional sentiments. Strive to be fair and objective at all times. Lead with integrity. Be exceptional, stand out for your disciplined and rigour. Prioritize your customers and give them the best experience that you can offer. Be respectful of your peers, subordinates and leaders.

The final value is **Enterprise**'. What is an enterprise? It is about doing things differently – seeking out new ways. Not change for change's sake, but because our increasingly complex world demands new answers to new challenges. It is the essence of entrepreneurship. It is what can set you apart, raise you, change your life – and those around you.

He added that "your generation, in addition to being smart and technology savvy, is entrepreneurial". You have refused to follow the traditional paths that we took in our day, where a lawyer was just a lawyer, who gradually and patiently climbed the career ladder, or a doctor was just a doctor or an engineer just an engineer. This generation is entrepreneurial and solution-driven and so, are applying their academic knowledge along with digital savvy to solve endemic social and economic issues. Your businesses have improved the ease of cross-border payments, intra-Africa logistics, and even improved representation in new tech-driven sectors – it knows no boundaries.

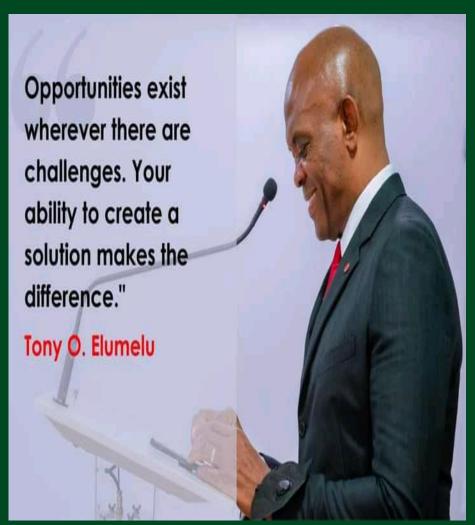
"If you wonder how you can achieve your goals, as I have said earlier, know that the first step is to be disciplined. Choose discipline as your daily practice. Nurture the mindset of longevity in all areas of your thinking. Embrace challenges; there is no success without sacrifices. Whether it is in your business, personal life or relationships, a new year is a clean slate. It is a chance to set goals, commit to them, and prepare your mind for the discipline that is required for growth and success", Tony Elumelu added.

What It Takes to Succeed in Africa

According to Tony.O. Elumelu, the road to success is not linear, it is up and down. You have to be very determined and be prepared to do whatever is required for your success. And you have to know what success looks like in your chosen field. For example, you know that if you want to go to university,

you must first get the required grades from secondary school and to do that, you have to make sacrifices and work very hard. For that, you need ironclad discipline.

It is the same if you want to succeed in business. That kind of discipline and



training helps a great deal. If become want to you you have entrepreneur, to acknowledge that it is not a bed of roses. Ask yourself what does it take to succeed? And what I tell people is that you must have laser focus, be disciplined, realize that sacrifices need to be made and I repeat, be prepared to work very hard.

Of course, you must have ambition. You must seek out opportunities and have a platform on which to start implementing your vision. You should think long term, 10 years ahead, not just for

tomorrow. Once you have accepted this, you can say, let's give it a go, let's try it but make sure you stick to the principles I mentioned. Successful entrepreneurs have these principles ingrained in them. They expect challenges because overcoming challenges provide opportunities.

My advice to budding young entrepreneurs when I interact with them is to be hardworking, don't be scared to dream but know that dreaming is less than 1%; the 99% is about translating your dream into action, translating your dream to reality. That is what makes the difference.

Also, I cannot repeat this often enough: that process of translating to action requires a lot of hard work, discipline, staying focused and making sacrifices for a better tomorrow. The Tony Elumelu you see today has not always had everything. In the past, for example, I have decided not to buy a car and planned instead to use the money to make investments and wait for the proceeds of that investment to help me buy the car, and that happened!

When I say sacrifices, I mean you have to learn to defer consumption. You need to think long term. It is when you visualise success that you can make the sacrifices, then you can apply the rigour and energy that will lead you to success.

You can get there by taking that first step, the journey of one mile starts with

one step. To start, count the steps consistently, and stay focused...

Five Tips to Build a Successful Business

These tips are for budding entrepreneurs or those climbing the corporate ladder.

#1. Save Money Religiously-

I am a firm believer in saving a portion of your earnings on a monthly basis. My father used to say that if I couldn't save one naira from the little I earned, then I won't be able to Impossibility is often a myth advocated by people who are afraid to stretch themselves."

Tony O. Elumelu

save anything if I earned one billion. Saving is a vital tool in investing in your future.

#2. Work Hard-

The difference between talent and hard work is that one is innate and the other can be acquired through sheer determination. Those who are relentless in the pursuit of excellence will always yield results. Growing up, my mother was

extremely hard working and through running her businesses she taught me the power of resilience.

#3. Seize Opportunities-Be aware of your risk tolerance and weigh up the value of an opportunity according to the potential losses and gains. After assessment- act! Do not be afraid to take a step because you fear the outcome. As the saying goes, fortune favours the bold.

#4. Feed Your Mind-

In the pursuit of success, arm yourself with people and things that will nourish you mentally. I was always an avid reader and would seek business and self-development books, articles and papers that would challenge my thinking and allow me to gain insight and breed new ideas.

#5. Think Long Term-

In all that you do, consider the bigger picture. How will this impact me, my family and my community? Both now and 10 years from now. Be broad in your thinking and whether personally or professionally, aim for longevity.

Starting can be scary and uncertain, charged with many decisions to make and ambitions to fulfilment for many young people he advises youth who are increasingly ambitious to take advantage of the opportunity of the Tony Elumelu Foundation Entrepreneurship Programme to drive change in your life, in that of your family, your local community!

You can apply for the Tony Elumelu grant @tefconnect.net.











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And So It Goes...



two boys neck-deep in a boiling argument talking about which album is best *Made In Lagos* or *A Better Time*

a man calls beer the devil's urine you do not swallow poison and expect to blossom

a boy regurgitates the faces of exes ruminating on Celine Dionic times one more heartbreak and his heart becomes a coldroom

certain foundations turned children into lampholders

how many more change-makers do we need

one boy thinks his life an adaptation of a Nollywood film doesn't know which

father turns river to search engine did you mean: **Chijioke** traumatic is the missing of an offspring till we meet to part no more or not

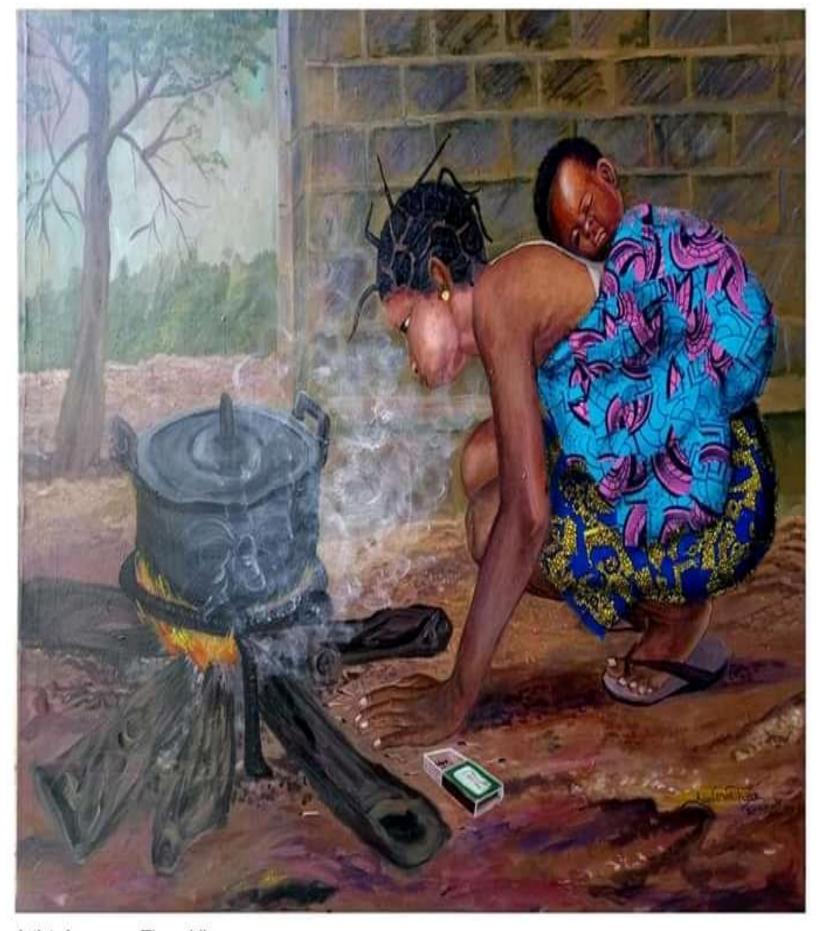


the lab welcomes another cadaver

girl holds masterclass with friends lecturing of how a boy's body is a British accent; sharp like new born razor slicing everything it collides with

a writer gets called *sachet Shakespeare* on Facebook the bird app is a warfront for a country Nigeria; *sachet hell fire* the synonym for a barbwire

OFEM UBI



Artist: Agwunwa Theophilus Title: Nnem Oma (Good mother) Size: 48 x 36 inches

Year: 2019

100 Most Influential Africans

























































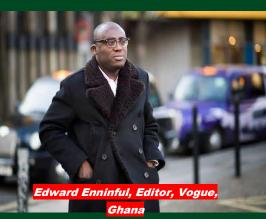
















African Fashion



My name is Hope Okon Effiong. I'm a native of Nung Ukim Ikot Etefia in Ikono Local Government Area of Akwa Ibom State. I am 27 years of age. A graduate of English and literary studies University of Calabar, Calabar. I am a fashion designer. The C.E.O of Hopysmart Fashion Enterprises a.k.a. Hopysmart Designs; a fashion brand that creates and recreates with passion to bring out the aesthetics and details of any given piece of fabric. The brand specializes in female adults and children wears. I am a typical melancholy by nature. According to

Tim Lahaye in his book, Spirit Controlled Temperament, "No one gets more enjoyment from the fine art than the melancholy" (24). From a tender age, I already fell in love with everything art hence my choice of discipline and passion for fashion. I didn't get enrolled in any fashion outlet to be able to make





What Fashion Truly is

Fashion is an art form that portrays the aesthetics of a figure or a group of people in a particular time and place thereby projecting the culture of people or the conceived ideas of a person. To me fashion is art which is the use of the imagination to express ideas or feelings.

ashion goes beyond the physical looks, the attires and accessories we see. It goes beyond the exhibition of the style. Fashion could be born

out of imagination other than a trend. it is a reflection of beauty and a people's way of life in a particular time and season just like literature. I ventured into fashion as a result of my creative and imaginative power. I didn't have to train in any fashion outlet to be able to make beautiful designs. My passion for fashion fully developed in 2014, the year I had admission into the university. I would gather pieces of fabrics from different tailors' shops, cut and sew them to form beautiful designs. From my experiences in the fashion line, I would say, fashion is a displayed art born from the mind.





Life is sad at times, but it is up to you to make your own life happy.

BOVI

they said a South African killed a Nigerian named Xenophobia.

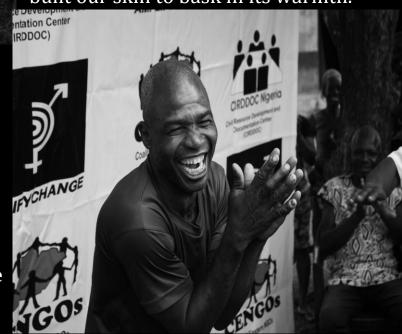


this country is a festival of white teeth. around here we prescribe comedy for healing drink each joke like a vaccine;

our alternate orgasm the calcium that fortifies our feeble bones for the next tempest. this is how we unbuckle our souls from the phobia of untimely death my people have found a survival mechanism a way to fill the potholes in our faces.

they say it's a black thing to carry sarcasm around your wrist.

We have made a bonfire off laughter built our skin to bask in its warmth.



for at least a late demise is an omen of goodwill. this is how you live when your hope is beheaded

this is how you dwell in my country an aquarium of boiling fish. OFEM UBI

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The Life and Legacy of Komla Dumor, The Boss Player



Born: 3rd October 1972, Accra – Ghana

Died: 18th January 2014 (aged 41), London,

United Kingdom

Cause of Death: Cardiac arrest

Nationality: Ghanaian

Education: University of Ghana and Harvard

University

Occupation: Journalist

Spouse: Kwansema Dumor

Number of Children: 3

Komla Afeke Dumor (3 October 1972 – 18 January 2014) was a

Ghanaian journalist who worked for BBC World News and was the main presenter of its programme 'Focus on Africa'. Komla Dumor, who died of a heart attack at 41, was hugely popular with radio and television audiences across Africa, especially in his homeland of Ghana, where he was nicknamed "The Boss Player".

According to a BBC report, "Komla Dumor was the face and the voice of Africa - a new young, enterprising, internationally connected, ambitious Africa, with a can-do attitude." When pioneering the launch of Africa Business Report on BBC World News, he set out to challenge the stereotypical view of Africa. He was passionate about telling the story of how the continent was changing, of rapid economic growth and technological advances. The report added that Komla was not a praise-singer. He was determined to present a balanced story, warts and all, and to show the human face behind the headlines. Even as several African countries were being heralded for being among the world's fastest-growing economies, he wanted to dig deeper. For he knew that while in those countries a selected few were wining and dining in five-star hotels and driving

the latest luxury cars, in the same neighbourhood there were families struggling to live on \$1 (£0.60) a day." According to BBC, Komla would always say "There must be balance or please, don't patronise me."

In December 2013, he was named as one of the 100 most influential Africans of 2013 by New African magazine, with the citation: "It has been a coming of age for Komla Dumor this year. The presenter of 'Focus on Africa', the BBC's flagship and first-ever dedicated daily TV news programme in English for African audiences, broadcast on BBC World News, has established himself as one of the emerging African faces of global broadcasting. As a lead presenter for BBC World, Dumor had a considerable influence on how the continent was covered. citing one of his favourite observations: "There's so much more to tell about Africa than the usual stories about war, famine and disease."

Affairs, Komla had such "an infectious enthusiasm for life, for Africa, for the story, had a singular role in transforming the coverage of Africa and brought a depth of understanding, a great deal of courage, a joyous charm and boundless charisma to his work." At the time of his death, he was the only West African presenter on BBC World News.

Komla was born in Accra in 1972. His father, Ernest Dumor, was a professor of sociology while his mother, Cecelia Dumor, had a Master's degree in Mass Communication. His grandfather, the musician Philip Gbeho, wrote the Ghanaian national anthem. Dumor had no training as a journalist; in 1988 he enrolled at the University of Jos in

Nigeria to study medicine but dropped out to read sociology and psychology in Ghana. He later gained a Master's in Public Administration from Harvard.

According to New Africa magazine, "His formal education started in Nigeria where his parents were based for some time. His first passion was to become a medical doctor, but at Jos University in Nigeria where he attended medical school in 1988, he discovered after three years that he was not cut out for the job."

As he narrated in 2007: "I did not pass the exams. I did not have the discipline



to study medicine. Medicine is incredibly difficult and there is a certain degree of maturity that is required for you to be able to spend those long hours dissecting cadavers, and studying biochemistry."

"I was very young when I entered the university [at 17] ... By the time the second professional exams came around, I repeated them, passed my anatomy and psychology exams, but couldn't the cross biochemistry hurdle. So, didn't leave reported]; I was kicked out of medical school."

And the pain was not his alone. He related an encounter with one of his Nigerian professors at the time, who told him in shock: "You are not supposed to fail, man! You are a Ghanaian." While at the BBC, Komla told an interviewer who had asked him what was the best thing about being Ghanaian: "I guess I let the nation down at the time. [As a Ghanaian] people expect you to be good, talented or hardworking — or to dribble a football past opponents, which I can't do — because our reputation precedes us."

After the disappointment in Nigeria, Komla returned to his native Ghana where he graduated from the University of Ghana at Legon with a BSc in Sociology and Psychology, and then did an MA in Public Administration at Harvard University in the USA.



BSc in Sociology and Psychology, and then did an MA in Public Administration at Harvard University in the USA.

How He Started His Journalism Career!

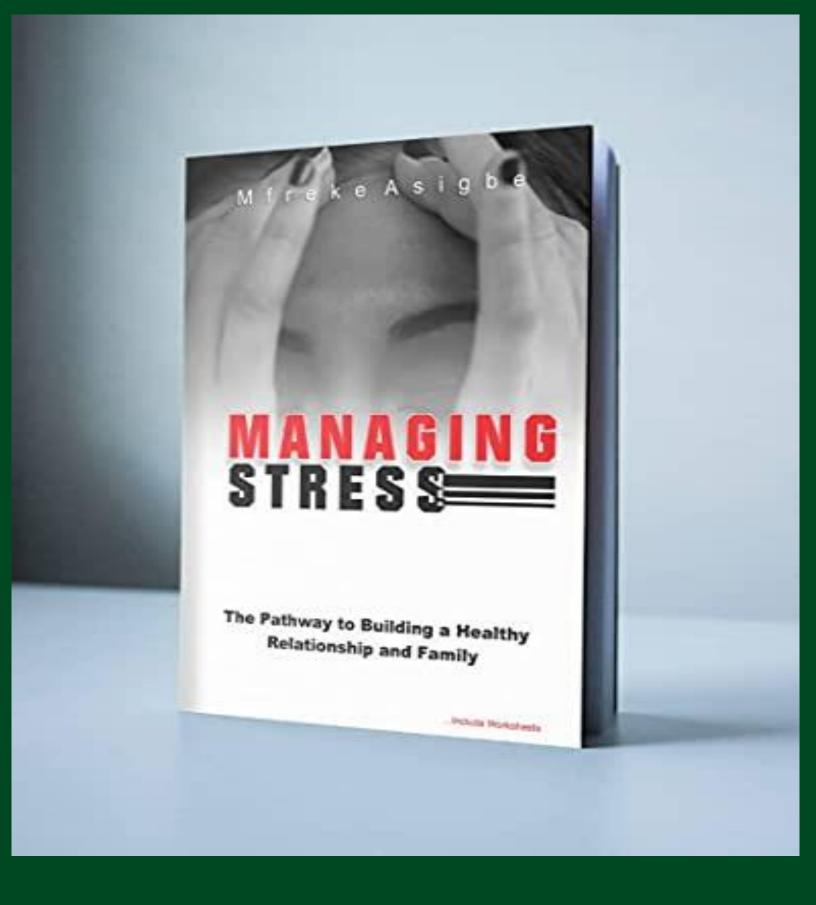
According to reports, in 1998, during strikes that affected his studies at the University of Ghana, Dumor saw an advert for a part-time job at the local Joy FM radio station as a roving reporter. In this role, he would ride around the city on

his bike, call into the station with news about the capital's traffic jams and then rush into the university to attend his lectures.

As his then-boss at the BBC, Solomon Mugera, head of the African Service, recounted after his death: "Komla started his broadcasting career on the back of a motor scooter, negotiating the crowded streets of Ghana's capital, Accra, telling Joy FM listeners how to beat traffic jams and then racing off to attend lectures at the University of Ghana. By the time Joy FM offered him the role of host on its morning show in 2001, Komla had become a household name."

According to him (Mugera), Komla's friendly yet professional style endeared him to radio audiences. Within two years he had his slot as a presenter on Joy FM's Super Morning Show and in 2003 was named Journalist of the Year, by the Ghana Journalist Association.

In 2007 Komla joined the BBC, hosting Network Africa for the World Service on radio, going on to present the World Today programme, Africa Business Report, which he anchored from 2009 to 2012, provided pioneering coverage of commercial affairs on the continent; in this role, he interviewed guests including the Microsoft Chairman Bill Gates the former UN Secretary-General, Kofi Annan, Chimamanda Ngozi Adichie, and the many important news stories that he anchored included the 2010 World Cup in South Africa, President Barack Obama's trip to Africa, and the funeral of Nelson Mandela.



This book contains self-training materials and resources that are supported by research studies which can help you to manage stress.

Get your copy on Amazon here

https://www.amazon.in/Managing-Stress-Pathway-Building-Relationshipebook/dp/B0994TPNRT omla provided coverage following the death of Nelson Mandela, saying later: "Covering the funeral for me will always be a special moment. I will look back on it with a sense of sadness. But also with

gratitude. I feel lucky to have been a witness to that part of the Mandela story." Makaziwe. Mandela's daughter, said of him, "Here truly was shining star of Africa who came into our lounges, our bedrooms.



every day 7:30 South African time... Komla was Africa in every essence." Asked about his visit following her father's death, she continued, "That's the type of person, of professional journalist, that he was... There are those people who have the charisma, the presence, that make you happy, even if you are sad, who give you that warm feeling inside."

The Director of BBC Global News, Peter Horrocks, said in tribute: "... Komal was a leading light of African journalism – committed to telling the story of Africa as it really is. Africa's energy and enthusiasm seemed to shine through every story Komla told." He was also described by Peter Horrocks. At the time of his death, Dumor was the only West African newsreader on BBC World News.



According to Chimamanda "Dumor Adichie. a person was easy to forget," watched Focus Africa with pride. Here, finally, was an African-focused show done right. Even if I had not known Komla, I would have been proud of his work...

"His son-of-the-soil curiosity and

authority, his quintessentially West African warmth, the space he made in his heart for mischief and joy. He was telling our story and telling us stories and representing us. Komla knew we had many failures, he knew too that hope could be wrested from African stories. He had a stake and it made a difference."

Adichie continued: "Komla swept into the world, stylish and sure, with his big chuckle, the light in his eyes, a genuine goodwill for people, a familiarity with laughter. He had no false modesty, yet an endearing insecurity lurked beneath his flair-filled confidence. He had, too, something close to innocence, a wonderful capacity for wonder. And now he is gone. We have lost a star."

According to Peter Burdin, Komla showed a new, vibrant Africa. One which, in his words, is "confident, savvy and entrepreneurial". Whenever he worked



with Dumor he was always inspired by his energy and his commitment to telling the true story of Africa. Dumor always used to say: "I'm not a PR for the Africa Tourist Board, I'm a journalist. That means I tell every aspect of the Africa story – the positive and the negative- but there are some amazing things taking place on this continent and I want the world to know about them" Burdin added

Kofi Annan, the former UN Secretary-General, described Komla as "an inspirational journalist, always determined to find facts and report the truth...



Africa has lost one of its brightest young talents. I shall miss his smile and wonderful sense of humour." Also, Ghanaian music star, Kojo Antwi. Said, "When [Komla] reported things about Africa, it was

no more the white man's perception of Africa," the musician said. "It was somebody who is an African, who had lived here, and knows Africa very well. That's what we need..."

"We need that professionalism, people who will come in and set standards, people who will uplift the image of us as Africans... Komla has left us some kind of footprints, and I want the youth to look for those footprints and go further than he did. It is possible." Komla "was the new face of a new and enterprising Africa. He was a towering presence on television and the best talent the BBC had to tell the continent's story – whether from its palaces or slums. Komla respected the rich and the poor, the powerful and the helpless, and those in between, in equal measure." Solomon Mugera said.

n 16 January 2014, two days before he died, he was called in by his boss and told that he had been chosen as the anchor presenter for the BBC for the FIFA World Cup in Brazil this summer. Out of excitement, Komla took to social media to announce the good news to his many fans across the world. "God has been very good to me," he told them. "Last year, I experienced a lot of illness. My BP [blood pressure] nearly gave me a stroke, but I trod on, waking up at 2 am and heading to work. Exhausted sometimes, aching in my body and soul, mentally and emotionally drained, but I kept going. "I smiled for the camera. I volunteered for extra shifts. I showed respect to my colleagues, from directors to security guards. I took a lot of jealousy-driven vicious insults and backstabbing from petty people without reply. I remain silent in my personal strife and misery.

"I kept smiling and pushing on to present better and to engage with my audience and increase my following. Long days and frustrating times, but I kept going, through the Westgate Mall coverage [in Kenya], through the Mandela funeral. Even when illness had me collapsing, I delivered. "Today, my boss, the head of television, called me for a one-minute meeting. He said, 'Komla, we have decided to make you the anchor presenter for our coverage of the World Cup in Brazil'. We shook hands and I left. I looked to the sky and said 'thank you Lord for reminding [me] that you are on my side. The enemy will be scattered.' Selah! Selah! Praise Him. Tomorrow is another day."

Sadly, Dumor died on 18 January 2014 in his London home after a cardiac arrest, having been on air the day before. Komla Afeke Dumor married Kwansema Quansah, a lawyer, in 2001. She survives him, along with their daughters, Elinam Makafui, Emefa Araba and Elorm Efadzinam.

When the news of his death broke, Ghana's president, John Mahama, according to reports, halted his busy schedule and took to Twitter: "Our nation has lost one of its finest ambassadors," the president wrote. "Komla Dumor was a broadcaster of exceptional quality and Ghana's gift to the world." The then-President of Ghana journalism Association, Dr Affail Monney, described his passing as "...one of the saddest days in Ghanaian journalism, the day we lost one of our purest gems at all times." The station's team dedicated its morning programme to him on Monday this week. His



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former colleague, Tommy Annan-Forson, said as part of the tributes that day: "He had a style that could attract you to TV, to watch him, that could virtually get you marooned... His stories were so unique, the way he handled them..."

The Ghana Journalists Association (GJA), whose "Best Journalist Award" was won by Komla in 2003, called on the government to give Komla a state funeral and a posthumous national award befitting "a professional hero".

The BBC's director of news, James Harding, said Komla "was adored by the people who worked with him and we will miss him



deeply", and also the impression created at a BBC memorial service organised for him on 20 January that he

was "a much loved man", universally loved by his BBC colleagues and bosses, is not entirely true – going by Komla's own reckoning above.

Bawumia's boss, Ghana's main opposition leader, Nana Akufo-Addo, issued a statement, saying: "Komla has been a source of great pride and joy to all Ghanaians... He was somebody I was proud to call my friend... His sudden demise is a great loss not just to journalism in Ghana but to Africa and the world."

Even the US embassy in Accra was sufficiently moved to say, on Twitter: "Komla Dumor, great ambassador of Ghana and role model for journalists worldwide."

The CPP, the party of Komla's hero, Kwame Nkrumah, said: "[Komla] lived for mankind and impacted positively on the lives of millions of people in the whole world. He focused on issues of importance to Ghana and Africa... The echoes of his name have travelled the canyons of the world and back, to await him in a silent grave. But the throb of our hearts will forever beat out a refrain in his memory".

Also, George Alagiah, a fellow BBC colleague who spent part of his youth in Ghana, described Komla as "a man for whom Africa was not just a story, it was what he was about. He epitomised the new Africa, the changing Africa. He found a way of telling Africa's story in all its diversity."

Lerato Mbele, who, in 2011, took over the hosting of African Business Report from Komla, tweeted: "Rest in peace Komla. Your purpose was to break glass ceilings so the rest of us can enter. A race well ran. Blessings always."

Komla Dumor's Legacy

At the 2014 African Achievers Awards, Dumor was honoured with a posthumous award for Excellence in Broadcasting.

In 2015, the BBC launched the BBC World News Komla Dumor Award, presented each year "to an outstanding individual living and working in Africa, who combines strong journalism skills, on-air flair, and an exceptional talent in telling African stories with the ambition and potential to become a star of the future." The award was presented to Ugandan journalist Nancy Kacungira in 2015, Nigerian journalist Didi Akinyelure in 2016, Nigerian journalist Amina Yuguda in 2017, Kenyan journalist Wahiga Mwaura in 2018, Ugandan journalist Solomon Serwanjja in 2019, and 2020 Kenya's Citizen TV news anchor Victoria Rubadiri. The winner is given a three-month training and development contract in BBC News.



The BBC is encouraging journalists across Africa to apply for the prize, which seeks to promote celebrate outstanding journalistic talent living and working on the continent. Dumor's widow. Kwansema Dumor told the 2020 winner, Victoria Rubadiri, said she was "proud" of her husband's impact at the BBC, and also said her family were "thankful to the BBC for remembering him" through the prize.

In February 2020, two books were launched by the Komla Dumor Memorial Foundation to honour him: The

Dreamer, Komla Dumor the Boss Player in His own words and Komla Dumor in His Element, authored by his brother, Dr Korshie Dumor, and his father, Professor Ernest Dumor.

Komla Dumor's Notable Credits

- The World Today
- Africa Business Report
- BBC World News
- Focus on Africa
- BBC Network Africa (2006–2011)
- Joy FM Super Morning Show (2000–2006)

Komla Dumor's Quotes

- "There's so much more to tell about Africa than the usual stories about war, famine and disease."
- "There is enormous potential across the length and breadth of Africa. No other region on earth offers the high level of Return on Investments (ROI) as Africa does."
- "Hire the best talent to tell the story, or the view is great from my hotel."
- "There is only one standard a global standard. Be consistent, operate at 100% every single time you're given an opportunity.

Most Seen Movies

Movies are a reflection of the customs, traditions and of way of life of a particular group at a give6m time. So, if you ever want to know about Africa or any other continent see their movies. Here is list of some African movies you should see.







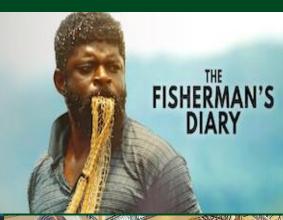


















Leftism: Who Made Using the Left Hand a Taboo

Then ideas are not questioned or tried through fire, they become norms; they become culture regardless of how barbaric and ominous they seem. Sometimes, these ideas become norms because a few selected people - more often than not, the aged or those in a place of power - make them so, sometimes for personal benefits or aversions.

In a world that is tirelessly geared towards an inclusive society for people of all kinds; sexual orientations, special abilities, and so on. Left-handed people are



estimated to be 10 to 20% of the world's population, but this infinitesimal number hasn't and won't stop them from being great.

Every day we see southpaws making their way through the thick clouds and standing tall; Barrack Obama, Lady Gaga, Justin Bieber, Otome Onoge, Sting, Brad Pitt, Oprah Winfrey, Prince William, Seth Rogen, Angelina Jolie, Hugh Jackman, Celine Dion, Tom Cruise, Lisa Kudrow, Adam Levine, Whoppi Goldberg, and other amazing talents around the universe still struggling to be seen, to be accorded as just humans and not bad omens to the human race.

'Southpaw' was a dual-disciplinary work of black and white photography and film. It was curated to not just eulogize and appreciate left-handed people, but



also to share their experiences which will serve as a portal for an open field of dialogue and deeper explorations into the discrimination they face for being nothing but normal. It also served as an anchor of solidarity for them.

It is true that no two stories are the same. Some may have gone through light-hearted events and some through traumatic experiences. Some may have had buffers in the guise of parents and some may have had none. Some were forced to be right-handed and some were allowed to be. But none of these yet excludes them from the reality and feeling of neglect.

An inclusive society ensures safety for all sects because everyone is special. Everyone is important. Everyone is worthy. Everyone is one of a kind. -

Ofem Ubi



Chess in the Slums



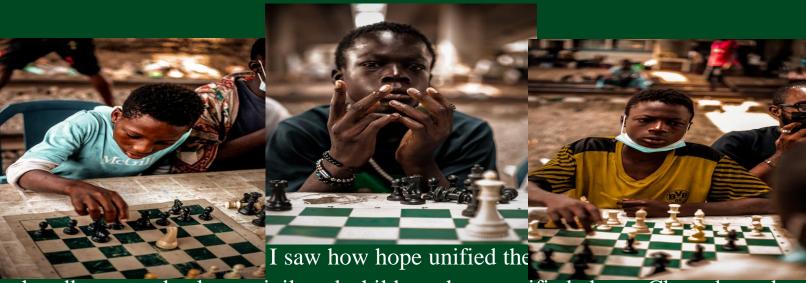
In board of chess. the king's life is at stake. With the rook. bishop, knight, and pawn set for battle, they are met with an equal amount of opposition strength. They must then counter with skills. knowledge,

patience, tactics,

and above all, strategy. Life in Nigeria can sometimes take the semblance of a game of chess. With about 40% of the country's 212 million population living in poverty, tact, vision, smart work, are some of the vital requirements to emerge victoriously.

Interestingly, there is a unique feature in a chessboard: the pawns are dreaming of being kings. Chess In Slums is an initiative to help children find life-changing opportunities by teaching and unlocking the potential in every child, using chess educational resources and mentorship. This dream has been activated in the hearts of children living in slums by 27-year-old Tunde Onakoya with his project, Chess In Slums. Ferdinand Maumo, a 10-year-old born in Makoko with cerebral palsy, a speech impediment, and could hardly speak English was declared the 2021 chess champion of a tournament organised by Chess In Slums. For the first time, people were seeing an elite game quickly being adopted and celebrated among those considered lower class

in society. A few days in, the governor of Lagos state, Sanwo-Olu invited the champion for a game of Chess. Then, by the end of 2021, another pawn in the game of chess, an 18-year-old bus conductor, Fawaz Adeoye, won another tournament organised in Oshodi, a notorious location in Lagos. The winnings for the homeless conductor included a 2 million Naira prize.



hoodlums to the less privileged children, hope unified them. Chess brought them hope of a secured future; a second chance. With all the passion in me, I go out each day with love in my heart and a camera in my hand to keep these memories, to document the beautiful process because I believe that greatness can be found in the most unlikely places. My name is Andem Peters Photographer and I am a big believer in hope and dreams.







Adem Peter

Healthy Habits to Practice in 2022

Our daily routine plays a vital role in the wellness of our entire being. Ranging from a new day to a new year, the best time for a healthy lifestyle is always now. Here are some tips from the World Health Organization to get you started.

Eat A Healthy Diet: Eat a combination of different foods, including fruit, vegetables, legumes, nuts and whole grains. Adults should eat at least five portions (400g) of fruit and vegetables per day. You can improve your intake of fruits and vegetables by always including veggies in your meal; eating fresh fruit and vegetables as snacks; eating a variety of fruits and vegetables; and eating them in season. By eating healthy, you will reduce your risk of malnutrition and non-communicable diseases (NCDs) such as diabetes, heart disease, stroke and cancer.

Consume Less Salt and Sugar: Reduce your salt intake to 5g per day, equivalent to about one teaspoon. It's easier to do this by limiting the amount of salt, soy sauce, fish sauce and other high-sodium condiments when preparing meals; removing salt, seasonings and condiments from your meal table; avoiding salty snacks; and choosing low-sodium products.

On the other hand, consuming excessive amounts of sugars increases the risk of tooth decay and unhealthy weight gain. In both adults and children, the intake of free sugars should be reduced to less than 10% of total energy intake. This is equivalent to 50g or about 12 teaspoons for an adult. WHO recommends consuming less than 5% of total energy intake for additional health benefits. You can reduce your sugar intake by limiting the consumption of sugary snacks, candies and sugar-sweetened beverages.

Reduce Your Intake of Harmful Fats: Fats consumed should be less than 30% of your total energy intake. This will help prevent unhealthy weight gain and NCDs. There are different types of fats, but unsaturated fats are preferable over saturated fats and transfats. WHO recommends reducing saturated fats to less than 10% of total energy intake; reducing trans-fats to less than 1% of total energy intake; and replacing both saturated fats and trans-fats to unsaturated fats.

The preferable unsaturated fats are found in fish, avocado and nuts, and in sunflower, soybean, canola and olive oils; saturated fats are found in fatty meat, butter, palm and coconut oil, cream, cheese, ghee and lard; and trans-fats are found in baked and fried foods, and pre-packaged snacks and foods, such as frozen pizza, cookies, biscuits, and cooking oils and spreads.

Avoid Harmful Use of Alcohol: Excess intake of alcohol can increase your health problems. Too much alcohol consumption weakens the heart muscle and can lead to liver failure.

Don't Smoke or Quit Smoking: It's never too late to quit smoking as the WHO warns that smokers are liable to die young. Keeping a safe distance from people smoking will increase your chance of not contaminating your lungs.

Exercise Regularly: Some jobs and regular routines may involve less body activity thereby increasing your chance of Obesity, Heart diseases, including coronary artery disease and heart attack, High blood pressure, High cholesterol, Stroke.

Metabolic syndrome, Type 2 diabetes, including colon, breast, and uterine cancers

Check Your Blood Pressure Regularly: Hypertension, or high blood pressure, is called a "silent killer". This is because many people who have hypertension may not be aware of the problem as it may not have any symptoms. If left uncontrolled, hypertension can lead to heart, brain, kidney and other diseases. Have your blood pressure checked regularly by a health worker so you know your numbers. If your blood pressure is high, get the advice of a health worker. This is vital in the prevention and control of hypertension.

Going for Regular Check-Up: It is an important step in knowing your health status, especially when it comes to HIV, hepatitis B, sexually-transmitted infections (STIs) and tuberculosis (TB). Left untreated, these diseases can lead to serious complications and even death. Knowing your status means you will know how to either continue preventing these diseases or, if you find out that you're positive, get the care and treatment that you need. Go to a public or private health facility, wherever you are comfortable, to have yourself tested.

Get Vaccinated:

Build protection against diseases like cervical cancer, cholera, diphtheria, hepatitis B, influenza, measles, mumps, pneumonia, polio, rabies, rubella, tetanus, typhoid and yellow fever.

Abstain Practice Safe Sex:

Help prevent the spread of HIV and other infections by taking necessary precautions. The use of either male or female condoms increases your chances of contracting Sexually-Transmitted-Diseases (STDs)

Get yours by simply contacting



HOW TO MOVE FORWARD: Know What You Want

ost of us suffer and don't make progress or even know if we are making progress because we don't know what we want.

This is evident in all aspects of our lives, such as; our relationships, career, religion, finances, academic, etc. We do things because we see others doing it or we are supposed to. Better still, because the society demands it from us and as a result, we end up going through life with the attitude (sometimes unconsciously) of just surviving the day, month, year, session, term and so on.

Sometimes we even have to put up with bad relationships, wrong career choices, fear of the unknown, feeling inferior just for the money, name, avoiding loneliness and to keep body and soul together.

The consequence of this is that, "You fall for just about Anything and Everything." You become vulnerable and a handy tool to be used by just anyone or anything and getting dumped, without even knowing it.

However, if you must take charge of your life and make it out from the depressing state your world is in, you have to define what you want out of your life and be determined to grab it.

Working in the direction of your dreams and goals will help you to be intentional about everything you do,

it will help you know when to give up and when to keep pushing.

It will help you know people to associate with and those who have to stay across the circle.

It will help you know things that are important and those that don't require any effort.

The right everyday attitude does not make you start the day, week, month, session, term and year while wishing it ends already.

Most importantly, you will know when you are making progress thereby deriving a limit for the things you permit in your life. For example, since i know what I want in my life, I will know when my relationship, friendship, fellowship, career, academics and every other aspect of my life is not going as plan.

I can easily walk away from things that will only frustrate, use and make me stagnant.

Today, if you must move forward, take your time, look at every aspect of your life and know what you want out of it.

Make it a habit to establish what you want before you venture into anything. Knowing and acting on what you want turns dreams into reality.

100 Most Influential Africans















































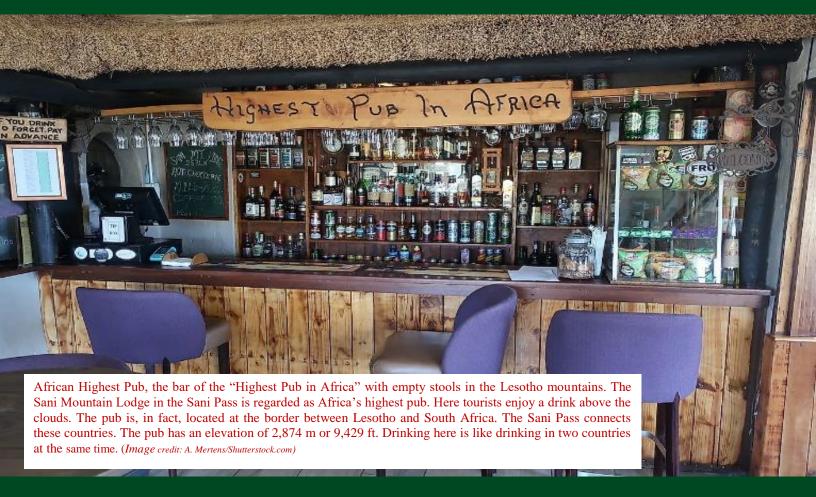








Lesotho the Roof of Africa



esotho also known as: "The Mountain Kingdom", "The Kingdom of the Sky", "The Roof of Africa" and "The Switzerland of Southern Africa" is a high-altitude, landlocked kingdom encircled by South Africa, crisscrossed by a network of rivers and mountain ranges including the 3,482m-high peak of Thabana Ntlenyana. On the Thaba Bosiu plateau, near Lesotho's capital, Maseru, are ruins dating from the 19th-century reign of King Moshoeshoe I. Thaba Bosiu overlooks iconic Mount Qiloane, an enduring symbol of the nation's Basotho people.

According to Internationalcuisine.com the Land of Lesotho, pronounced Lisoo-too, roughly translates to "The Land of the People who Speak Sesotho", which is the official language, along with English. Basotho, is what the people are called and singularly they are known as Mosotho. The Basotho people make up 98 percent of the population of this small country that is solely surrounded by South Africa. Countries that are entirely surrounded by another

country are called enclaves. Lesotho is one of three in the world (the others are The Vatican City and San Marino.)

Country profile

Official Name: Kingdom of Lesotho

Short form: Lesotho **Former:** Basutoland **Local Time** = <u>UTC</u> +2h

Country Calling Code: +266

Capital City: Maseru (1997 pop. est. 386 000)

Other Cities: Teyateyaneng (pop. est. 240 754), Leribe (300 160), Mafeteng

(211 970), Mohale's Hoek (184 034).

Government Type: Modified constitutional monarchy.

Independence: 4 October 1966. (from 1868 until independence Lesotho was

placed under British protection.)

Geography:

Location: South Africa

Area: 30,355 sq. km. (11 718 sq. mi.).

Terrain: High veld, plateau and mountains.

Climate: Temperate; summers hot, winters cool to cold; humidity generally low and evenings cool year round. Rainy season in summer, winters dry. Southern hemisphere seasons are reversed.

People:

Nationality: Noun–Mosotho (sing.); Basotho (pl.) Adjective–Basotho.

Population: 2.2 million (2010, UN estimate)

Ethnic groups: Basotho 99.7%; Europeans 1,600; Asians 3,000.

Religions: 80% Christian, including Roman Catholic (majority), Lesotho

Evangelical, Anglican, other denominations.

Languages: Official—Sesotho and English. Others—Zulu, Xhosa.

Literacy: (1998) 70%.

Natural resources: Water, agricultural and grazing land, some diamonds and other minerals. Lesotho is an exporter of excess labor.

Agriculture products: Corn, wheat, pulses, sorghum, barley; livestock.

Industries: Food, beverages, textiles, apparel assembly, handicrafts;

construction; tourism.

Exports partners: <u>USA</u> 97.6%, <u>Canada</u> 1.5%, <u>France</u> 0.5% (2003) **Imports partners**: HongKong 36.6%, Taiwan 36.2%, China 12%,

<u>Germany</u> 9.9% (2003)

<u>Currency:</u> In 1980, Lesotho introduced its own currency: Loti (plural Maloti). It is equivalent to the South African Rand.



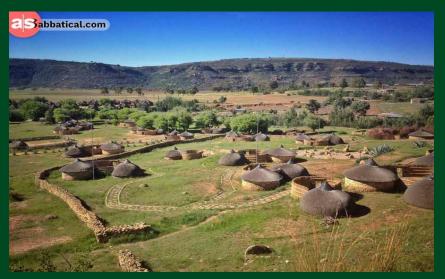
"Katse Dam is the centrepiece of the Lesotho Highlands Water Project which transfers the water of the Lesotho Highlands via an incredible conduit of dams and tunnels through the mountains, eventually dispelling out onto the plains of South Africa's Free State Province. It was touted as the biggest engineering project in the southern hemisphere in the 1990's when it was under construction, and the sight of the massive dam wall (highest in Africa) and the deep lake it has created in the mountains is well worth beholding!! (Image: Christian Schmidt)"

Eighty percent of Lesotho is about 5900 feet above sea level. This makes Lesotho, the country with the highest, lowest elevation in the world. The lowlands would be highlands anywhere else in Africa. This beautiful, mountainous enclave is cooler because of the altitude. In the heat of summer, in the lowlands, the temperature averages about 86 degrees F, in winter, about 19 degrees. It is much cooler in the highlands. Snow is common between May and September.



"Liphofung The sinewy mountains around Liphofung rise in hues of ochre and snow-white during the winter. They conceal the fascinating historic sites of the Moteng Valley."

Lesotho covers 30,355 km2 (11,720 sq mi). It is the only independent state in the world that lies entirely above 1,000 metres (3,281 ft) in elevation. Its lowest point of 1,400 metres (4,593 ft) is thus the highest lowest point of any country in the world. Over 80 percent of the country lies above 1,800 metres (5,906 ft). Lesotho is also the southernmost landlocked country in the world and is entirely surrounded by South Africa. It is by far the largest of the world's three independent states completely surrounded by the territory of another country, with Vatican City and San Marino being the other two. Additionally, it is the only such state outside the Italian peninsula, and the only one that is not a microstate.

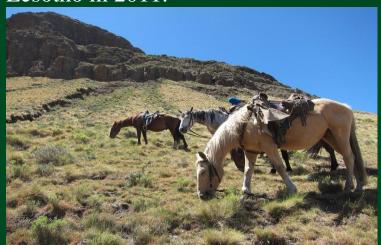


Thaba Bosiu cultural village in Lesotho showing traditional african life This unique plateau located between two rivers, the Caledon River and Orange River used to be the capital city of Lesotho. Amusingly the word Thaba means mountain and Bosiu means "at night", translating it to the "mountain of the night

For administrative purposes, Lesotho is divided into <u>ten districts</u>, each headed by a district administrator. Each district has a capital known as a <u>camptown</u>. <u>Berea, Butha-Buthe, Leribe, Mafeteng, Maseru, Mohale's Hoek, Mokhotlong Qacha's Nek, Quthing, Thaba-Tseka</u>.

The districts are subdivided into 80 constituencies, which consist of 129 local community councils.

According to Wikipedia, Lesotho has taken advantage of the <u>African Growth and Opportunity Act</u> (AGOA) to become the largest exporter of garments to the US from sub-Saharan Africa. US brands and retailers sourcing from Lesotho include: Foot Locker, Gap, Gloria Vanderbilt, JCPenney, Levi Strauss, Saks, Sears, Timberland and Wal-Mart. In mid-2004 its employment reached over 50,000, mainly female workers, marking the first time that manufacturing sector workers outnumbered government employees. In 2008 it exported goods worth 487 million dollars mainly to the US. Since 2004, employment in the sector has dwindled to about 45,000 in mid-2011 due to international competition in the garment sector. It was the largest formal sector employer in Lesotho in 2011.



Sehlabathebe National Park The paradise on the tops of the Maloti Mountains, Sehlabathebe National Park occupies around 68 square kilometers on the very roof of Lesotho. It's actually joined at the hip with the Maloti-Drakensberg Park National Park across the border in South Africa, and boasts the same breathtaking vistas of rolling highland savannah, wild flower meadows and verdant valleys overlooked by craggy faces of primeval stone. (Source: flickr)

Lesotho's significant natural resources are water and diamonds are. Water is used through the 21-year, multibillion-dollar Lesotho Highlands Water Project (LHWP), under the authority of the Lesotho Highlands Development Authority. The project commenced in 1986. The LHWP is designed to capture, store, and transfer water from the Orange River system to South Africa's Free State and greater Johannesburg area, which features a large concentration of South African industry, population, and agriculture. Completion of the first phase of the project has made Lesotho almost completely self-sufficient in the production of electricity and generated approximately US\$70 million in 2010 from the sale of electricity and water to South Africa. The World Bank, African Development Bank, European Investment Bank, and many other bilateral donors financed the project.



(Source: commons.wikimedia, Chr. Offenberg/Shutterstock.com)

"According to World Atla, In the district of Berea in Lesotho, a group of people still live in mud caves in the mountains. The cave dwellings found here were built in the first half of the 19th century by a local tribal chief named Chief Teleka. He belongs to the Basia clan residing in the region. The caves were built so that his people could hide from the invading Basotho people. The Basotho had resorted to cannibalism following a late 18th-century drought in their area of living. Today, the Kom Caves are also visited by tourists from all corners of the globe."

esotho have a festival each year that is put on by the government and the royal family, called the Morija Arts and Cultural Festival. It lasts for five days and the theme is "Unify in Diversity." The festival features drama, poetry, traditional dance, art and music. Traditional instruments are the lekolulo, a kind of flute used by herding boys, and the stringed thomo, that woman play. The festival, of course, also features their cuisine.



Tsehlanyane National Park The undisputed jewel in the crown of Lesotho's national park system comes in the form of the sun-baked highlands of Tsehlanyane. Surrounded by the rock-ribbed peaks of the mighty Maloti Mountains (also home to the Afriski resort, believe it or not!), the region is famed for its rare woodland habitats and high altitudes of up to 5,600 meters above sea level. (Crazytourist) Culture

The Basotho people have developed a unique culture. As one of the few African tribes living in a mountainous environment, they have made many adaptations to their conditions. The Basotho blanket is one example. All around the country you will see people dressed in woollen blankets, often with beautiful patterns. This is the ideal garment for a cold environment, and also has the versatility of keeping the rain off.

Villages are often located high in the mountains, usually on the mid-levels well above the deep river valleys and the flood dangers they carry. Villages are very structured. They are made up of a number of kraals, ie. a collection of buildings belonging to one family. Some are for sleeping, some for storage and one for cooking. Each kraal will also have an enclosure for livestock. Each village has a chief, or headman, who will fall under the chief for the area.



Leribe Also known by the name of the river that fringes the north and south of the town (Hlotse), little, laid-back Leribe is the place to go for a glimpse of authentic Basotho life. Set right on the Lesotho-South Africa border in the north of the country, its wide, sunbaked streets are lined with low-rise shacks and tin homes. (Source: flickr)

The Basotho are agriculturalists. All around the village will be many fields and these are allocated by the chief to villagers. Many crops are cultivated including maize, wheat, sorghum, beans and peas as well as vegetables such as onions and cabbage. Many local herbs are also gathered as green vegetables, which the Basotho call Moroho.

Animals are very important in Basotho society. The Basotho pony represents the best form of transport in the mountains, and donkeys are often used as pack animals. Most families will have some cattle, and oxen are used to plough the sloping mountain fields. Wool is a major source of income both from Memo sheep and mohair from Angora goats, and you will see many herds of both deep in the mountains. They are looked after by shepherds, often young boys, who live in simple huts called motebo, often perched on ridges at well over 3000m and very well hidden.

Passing a village, you will frequently see a flag flying from a tall pole. This indicates a place where something is being sold. A white flag means "joala", a locally brewed sorghum beer. Yellow means maize beer, red means meat and green means vegetables.

100 Most Influential Africans















Ekpang Nkunkwo



kpang Nkunkwo is a Nigerian dish native to Cross River and Akwa Ibom(Efiks and Ibibios). The dish is very popular in the south south region of Nigeria and Cameron.

Ekpang as commonly called can be prepared with ingredients such as cocoyam, water yam, periwinkles both shelled and unshelled crayfish, snail, pepper, cocoyam tender leaves, pumpkin leaves, scent leaves, offal, palm oil, dry fish, and meat.

Steps on How to prepare Ekpang Nkunkwo from Ado's Kitchen

- 1. Peel the quantity of water yam or cocoyam (Red or white water yam) and wash with clean water yam
- 2. Cut your water yam into sizeable portion and grate with a grater
- 3. Add Maggi and salt to already the grated coco yam to make it tasty
- 4. Then cut your coco yam leaf to a sizeable portion to be able to wrap the grinded yam.
- 5. Cut your periwinkle then wash properly
- 6. Season and parboil your protein (meat, fish, etc.) very well

7. Wash your pot and start your wrapping process (Tiny wrap preferably)



8. When you are done with the wrap, place your pot on the fire and add hot water to the wrapped item in the pot and allow it to boil very well for an hour before adding your blended Fresh pepper, seasonings and palm oil 9. Add your periwinkle and allow it to boil very well

- 10. Then use a runner preferably a spatula and raise your food from under to the top to make sure everything is well cooked together.
- 11. Taste and make sure everything you have the required amount of salt, Maggie and pepper.

12. Add your scent leaf then add more oil if you want it oily and put down your pot for serving



If you haven't tasted this meal, I think you should try it out

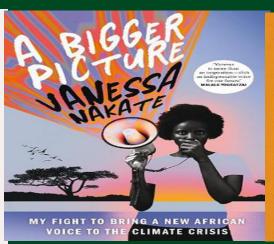
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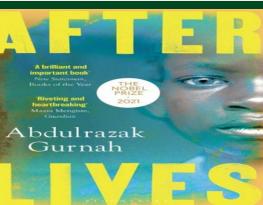


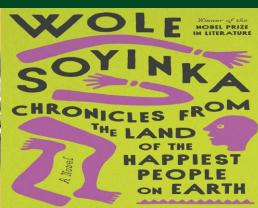
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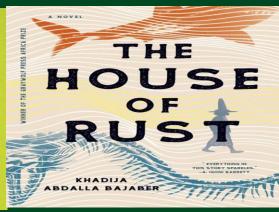
A BLACK SPIRIT MEMOIR

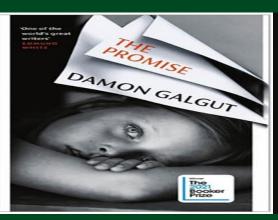


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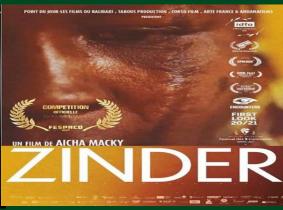


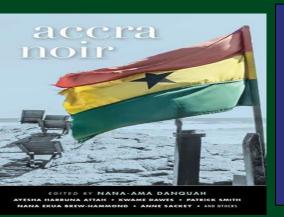


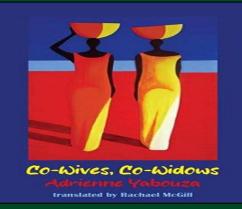


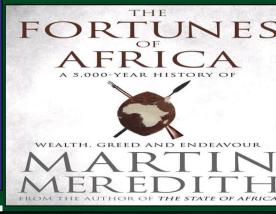


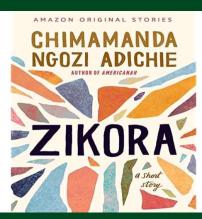






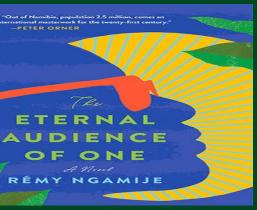


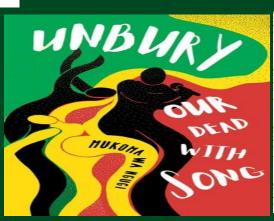












Wole Soyinka Chronicles From the Land of the Happiest People On Earth



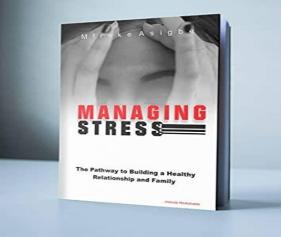
Mohamed Mbougar Sarr La plus secrète mémoire des hommes

Philippe Rey | Jimsaan

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PRIX Goncourt 2021





20 grants and scholarship opportunities for African

1.

West African Research Center WARC Travel Grants 2022 for African Scholars Application Deadline: 15th March 2022 Eligible Countries: West African countries

To be taken at (country): Any African country of candidate's choice.

About the Award: The WARC Travel Grants program promotes intra-African cooperation and exchange among researchers and institutions by providing support to African scholars and graduate students for research visits to other institutions on the continent

To Apply for WARC Travel Grants visit.

https://www.westafricanresearchassociation.org/fellowships/

warc-travel-grant/ or Theafricanlane.com

3. #WOMENINTECH

professional certificate programmes in partnership with Grow with Google and Facebook (Meta) Blueprint. The professional certificate programmes are 3-6 month-long, fully online. You can learn from anywhere, at your own pace, with support from the African Coding Network at every step of the way.

The African Coding Network is on a mission to create an equal tech sector through digital skills training. Our programmes highly prioritise women (90% in 2021), as well as youth with disabilities and displaced youth/refugees.

APPLY here https://airtable.com/shr2jNJgLFR5zumV3

2.

Africa Oxford Health Innovation Platform (AfOx-HIP) 2021 for African InnovatorsAfOx-HIP is a University of Oxford collaborative platform supported by key researchers and led by the Africa Oxford Initiative (AfOx).

Application Deadline: 31st March 2022 by 23:59 BST

Eligible Countries: African countries

About the Award: The Africa Oxford Health Innovation Platform (AfOx-HIP) is a multi-disciplinary programme to support African innovators develop new solutions to Africa's health challenges. It does so by connecting research to industry to tackle prevention, early diagnosis, and treatment through impact investment and innovation.

• It is important to go through the FAQ & all application requirements in the Award Webpage (https://www.afox.ox.ac.uk/africa-oxford-health-innovation-platform)

4. Imagine Cup Junior 2022: A global challenge for stude. Imagine Cup Junior 2022 is a global challenge open to students aged 13-18 to empower them to learn about technology and deva a concept or idea to make a difference in their local community the world around them. It's a great introduction to technology f students and hopes to inspire students to gain appreciation and insight into new concepts.

Submissions for 2022 close May 12, 2022.

Apply here https://educationblog.microsoft.com/en-us/2022/02/imagine-cup-junior-2022-a-global-challenge-for-students

5. Africa International PGR Scholarships 2022-23

Subject areas: Research projects must be relevant to Africa and must fall at the intersection of two or more of our given themes/disciplines

Funding type: Tuition fee. Stipend. Bench Fees / Research Training & Support Grant.

Country: African Countries.

Three (3) full scholarships available for 2022/23 entry, to support international students from Africa to undertake full time dectoral research degrees (PhD) at King's College Long

 $full-time\ doctoral\ research\ degrees\ (PhD)\ at\ King's\ College\ London.$

Deadline: 18 March 2022

Contact:

For any questions relating to this scheme, please contact the Centre for Doctoral Studies at doctoralstudies@kcl.ac.uk.

More details visit https://www.kcl.ac.uk/study-legacy/funding/africa-international-pgr-scholarships
or theAfrican lane.com

6. MCW Global Young Leaders Fellowship Program 2022 The aim of the Fellowship Program is to mobilize young people with the skills and resources needed to create and implement vision plans in the area of education, health, and economic security.

MCW Global's Young Leaders Fellowship begins with the Community Needs Assessment – A one-month community needs mapping that prepares young people, between the ages of 18-26, from around the world to understand their local communities better. After the community needs assessment, Young Leaders participate in a one-month intensive Virtual Program that helps them become leaders of positive change in their communities. After Virtual Learning, participants spend 10-months developing their action plans with support from alumni mentors.

Application Deadline

March 13, 2022

For details apply here https://mcwglobal.org/young-leaders-fellowship-2022/

8.. KAS Rule of Law Program Middle East & North Africa Internship 2022

The focus of the internship will be on supporting the project manager with organization and research. The choice of topic and focus is made in individual consultation, but applicants should first find out about the work of the office on the homepage and indicate their interests in the application letter.

Aim and Benefits of KAS Internship

The Rule of Law Program Middle East/North Africa offers a small monthly salary for the internship; all living expenses including rent as well as travel to and from the internship must be borne by the students themselves.

For more details, visit KAS

website(https://www.kas.de/de/web/rspno/statische-inhalte-detail/-/content/praktikum-im-buero-des-rechtsstaatsprogramms-naher-osten-nordafrika-in-beirut)

10. DSM | One Young World Scholarship 2022

DSM is a global, purpose-led company in Health, Nutrition & Bioscience, applying science to improve the health of people, animals and the planet. DSM's purpose is to create brighter lives for all. DSM's products and solutions address some of the world's biggest challenges while simultaneously creating economic, environmental and societal value for all its stakeholders - customers, employees, shareholders, and society at large.

The DSM | One Young World Scholarship will support young entrepreneurs who are making a local or global impact on agri-food systems in one of three focus areas. More details here

https://www.oneyoungworld.com/scholarship/dsm/2 022

7. Brenthurst Foundation Machel-Mandela Fellowship Programme (South Africa) 2022

The Machel-Mandela Fellows programme aims to be the most prestigious of its kind in Africa. It helps sharpen the Brenthurst Foundation's focus on Africa's burgeoning youth population and helps nurture Africa's future leaders.

The Fellowship will be available full-time for a minimum of six months. The selected candidate will be expected to take up the appointment in May 2022. The Fellow may be from South Africa or farther afield. They will be based at the Brenthurst Foundation's headquarters in Parktown, Johannesburg. Fellows will work directly with and assist the Foundation's staff on a range of projects and activities, some of which will require foreign travel. The Fellow is expected to perform a wide range of tasks from writing a discussion paper on a topic related to economic development to assisting with the hosting of events and mucking in with office chores.

An all-inclusive stipend per month and accommodation, if required (subject to Foundation policy) will be provided. Other work–related expenses may also be covered subject to agreement with the Foundation.

For more details, visit Brenthurst Foundation website. (https://www.thebrenthurstfoundation.org/news/the-machel-mandela-fellowship-programme/)

9. JCI Nigeria Creative Young Entrepreneur Program 2022

The core of the CYE program is for young leaders to showcase their up and running businesses.CYE challenges young entrepreneurs to critically and creatively think by requiring them to provide an indepth business model, their marketing position, and strategic goals on how their venture will begin to earn a profit and become sustainable.

By providing expert mentorship and as part of the CYE experience, this program is not only a grading system but instead is an experience for participants to actively learn and receive insightful feedback. Whether a participant is first place or not, their business is sure to benefit from the experience. Developing this enterprising spirit and self-starter mindset is at the core of JCI's Business and Entrepreneurship Area.

Application Deadline: February 27, 2022

To apply Visit,

https://cye.jci.ng/?fbclid=IwAR3g39cxgvJ1UOHiEoG56F0poRrF pz9NRCYU7LkQ9Z8sldtj8nMVsUZOhjg Or theAfricanlaae.com

11.WMF Empowerment Through Education Scholarships for Developing Country Students

Deadline: 1 March 2022 (annual)

The Wells Mountain Foundation, through the Empowerment Through Education (ETE) program, provides undergraduate scholarships to developing country nationals to study in their home country or a neighboring country.

The Foundation believes in the power and importance of community service; therefore, all scholarship participants are required to volunteer for a minimum of 100 hours a year.

Visit official Scholarship Website for details http://www.wellsmountainfoundation.org/ourprograms/scholarships/

13. LSE & UCT Double Degree Masters Scholarships for African Students 2022

The Double degree Masters in Global Media and Communications is a unique programme and offers the opportunity to study and gather experience in two cities (London and Los Angeles, Shanghai or Cape Town) with close connections and ties to global media industries.

Application Deadline: April 28, 2022

For more details, visit https://www.lse.ac.uk/study-at-lse/Graduate/Degree-programmes-2022/MSc-Global-Media-and-Communications-LSE-and-UCT

15. MEST Africa Training Programme for African Entrepreneurs 2023

MEST offers a full scholarship to a 12-month graduate-level entrepreneurial training in business, communications and software development, including extensive hands-on project work, culminating in a final pitch and the chance to receive seed funding.

Application Deadline

April 20, 2022

For details visit here

https://meltwater.org/2022/02/08/applications-are-now-open-for-mest-africas-12-month-training-program-class-of-2023/

17. AFRIKA KOMMT! Fellowship: An

initiative of German Industry for Future Leaders from Africa 2022

At the heart of the AFRIKA KOMMT! fellowship programme is an eight-months practical training in a leading German enterprise benefiting both, fellows and partner companies – a classic win-win situation

For details visit https://afrika-kommt.de/

12. Coimbra Group Scholarships for Sub-Saharan African Countries 2022-2023

Universities of the Coimbra Group offer short-term visits (generally 1 to maximum 3 months) to young African researchers from higher education institutions from Sub-Saharan Africa. The main aim of this scholarship programme is to enable scholars to undertake research in which they are engaged in their home institution and to help them to establish academic and research contacts. The scholarships are financially supported by the Coimbra Group member universities participating in this programme, while the Coimbra Group Office is in charge of the administrative management of the applications.

Application Deadline April 15, 2022

How to Apply

Interested and qualified? Go to Coimbra Group on www.coimbra-group.eu to apply

For more details, visit https://www.coimbragroup.eu/scholarships/sub-saharan-africa/

14. Genomics Africa 2022 Medium to Long-term Fellowships for Researchers 2022

The medium to long-term fellowship will cover travel, accommodation, and a daily stipend (around US\$50). We will prioritize the selection of individuals from national institutes of health and academic organizations in Africa that already have SARS-CoV-2 genomic data production and analysis experience and need to build skills in statistics, epidemiology, wet-lab genomic data production, bioinformatics and phylogenetic data analysis.

Aim and Benefits of Medium to Long-term Fellowships The medium to long-term fellowship will cover travel, accommodation, and a daily stipend (around US\$50). For more details, visit https://genomics.africa/long-term-fellowships/

16. ITU Generation Connect – Africa Youth Group (GC-AFR) for Young Africans 2022

The ITU Generation Connect – Africa Youth Group (GC-AFR) aims at providing a unique participative process for youth to contribute to the work of the International Telecommunication Union (ITU) in the African region. It is established within the framework of the "Generation Connect" global initiative. For details visit https://www.itu.int/en/ITU-D/Regional-Presence/Africa/Pages/projects/2021/GC-Africa-Youth-Group.aspx

18.Photographer of the Year 2022 – PRIZES

Proudly sponsored by Hemmersbach Rhino Force and Natural Selection

Entrants compete for the coveted title of 2022

Photographer of the Year.

We are open for entries from 1 February 2022 to midnight on 30 April 2022. Judging will take place during the month of May 2022 and the winners will be announced in early June 2022.

For details visit

https://africageographic.com/photographer-of-theyear/2022-prize/

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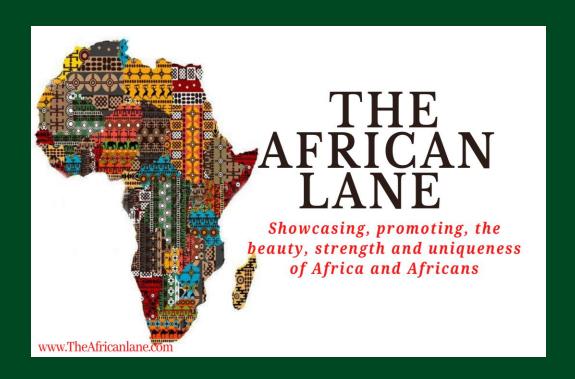


Ofem Ubi
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Andem Peters (CEO AndemPeter) photography and videography

Thank You for Taking This Journey with Us!



For Partnership and Sponsorship

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Website: theafricanlane.com

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See you by April for the second edition

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